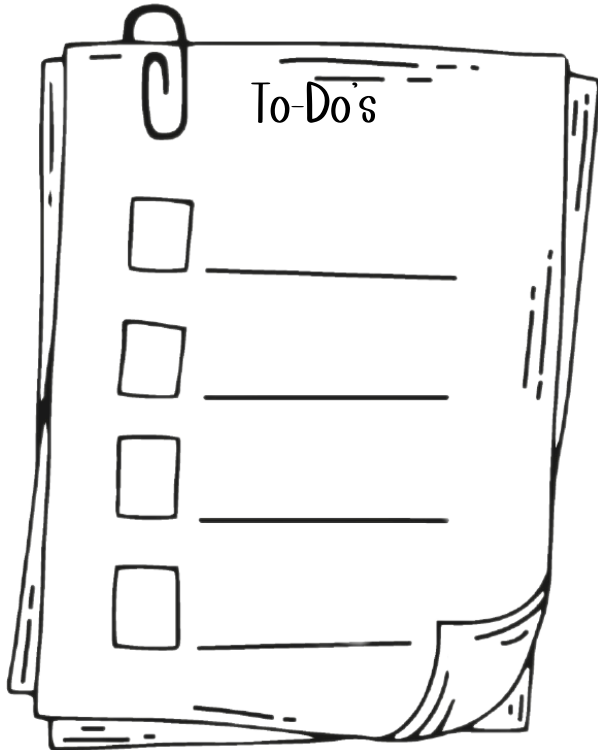
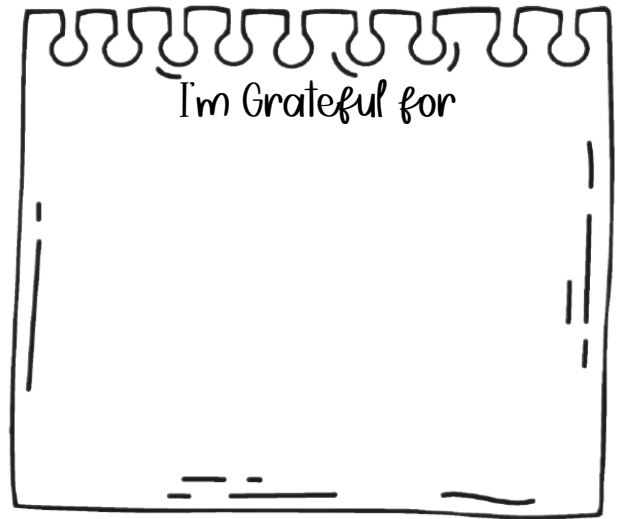
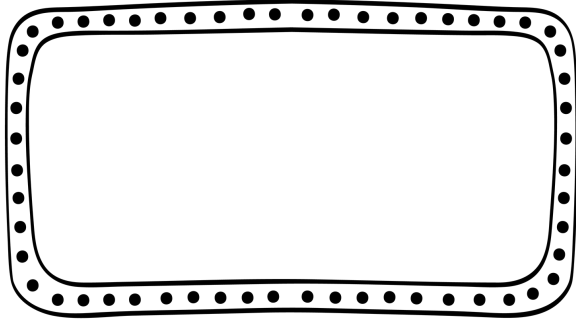


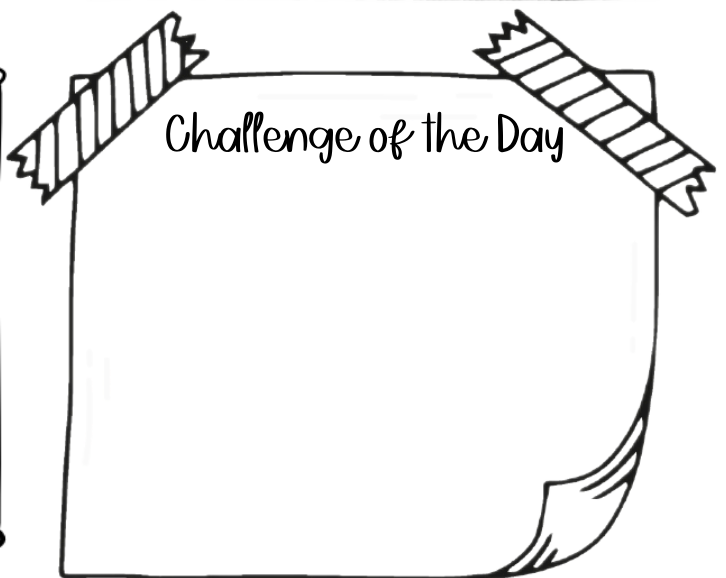
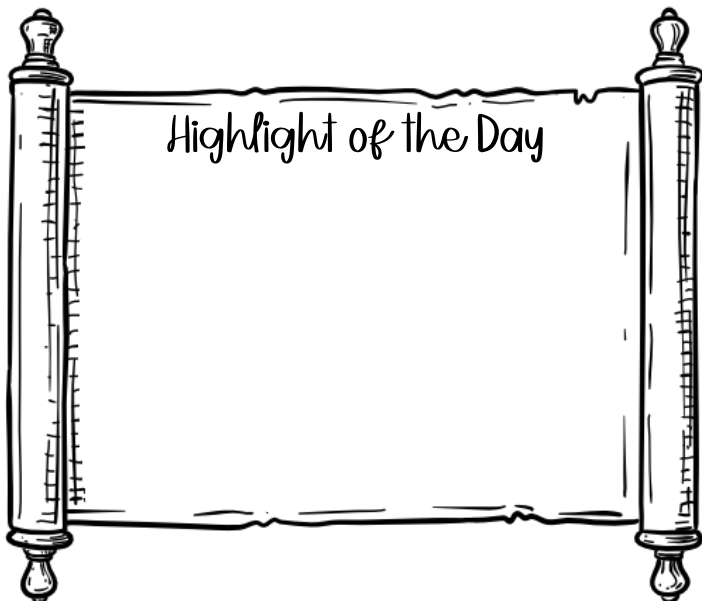
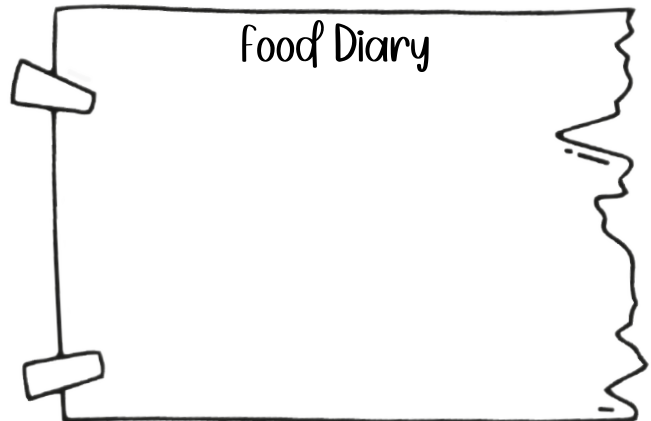
DAILY REFLECTIONS

MONDAY

Main focus Of The Day

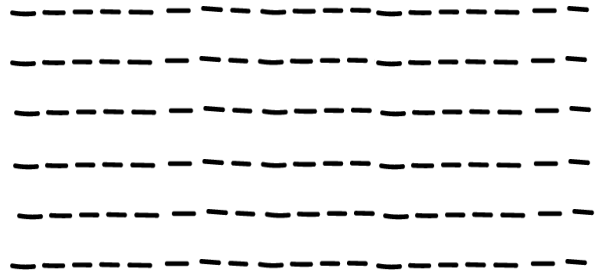
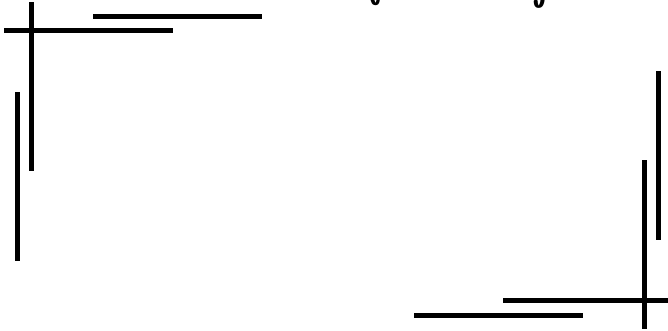


Water Check

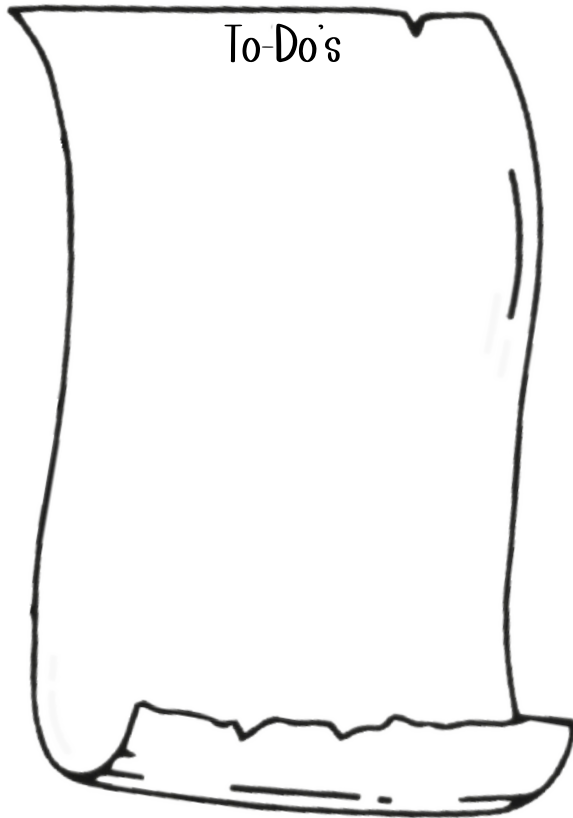


TUESDAY

Main Focus Of The Day



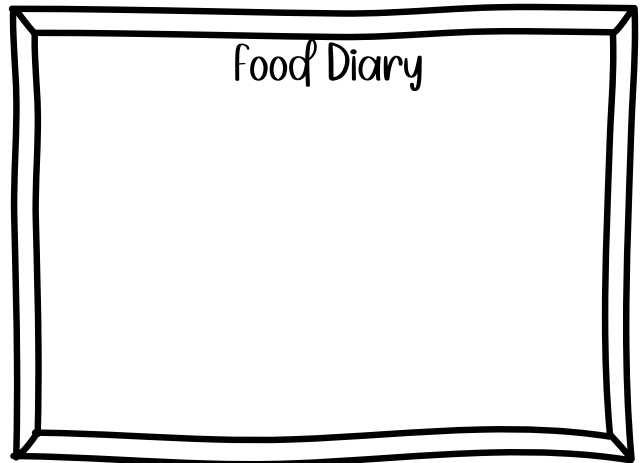
To-Do's



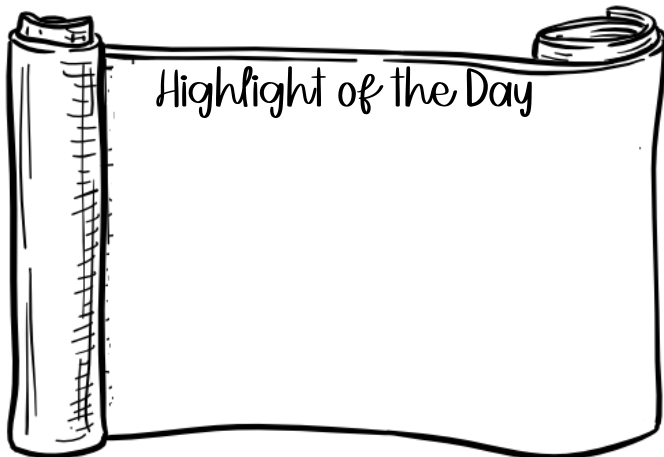
Water Check



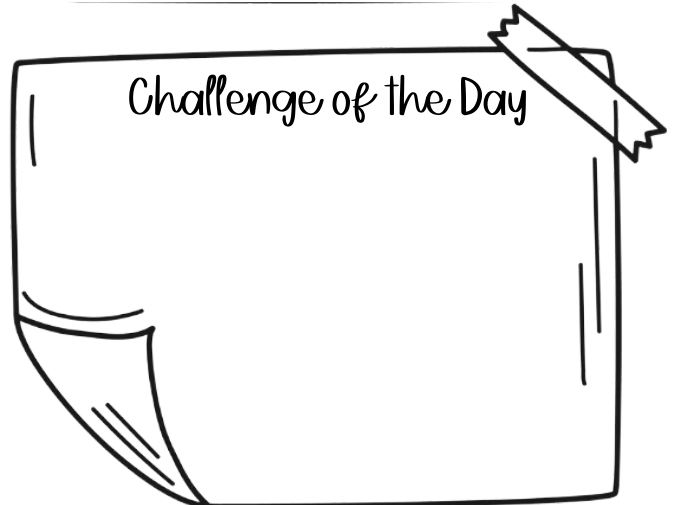
Food Diary



Highlight of the Day

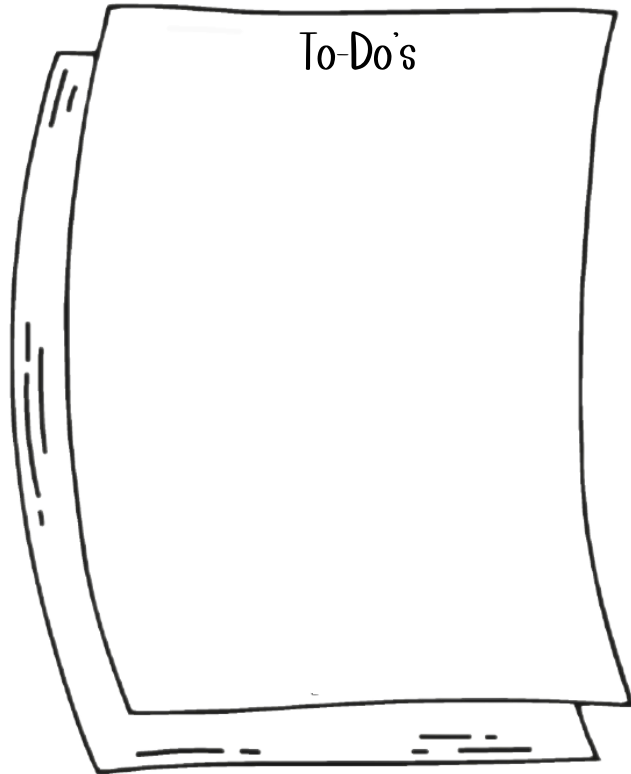
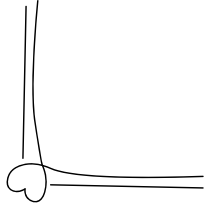
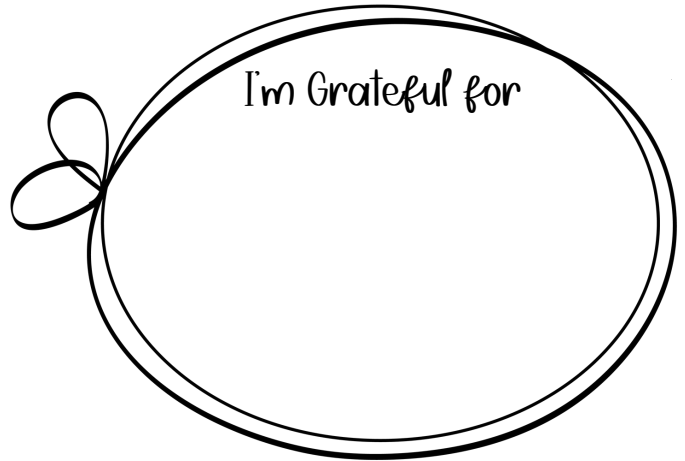


Challenge of the Day

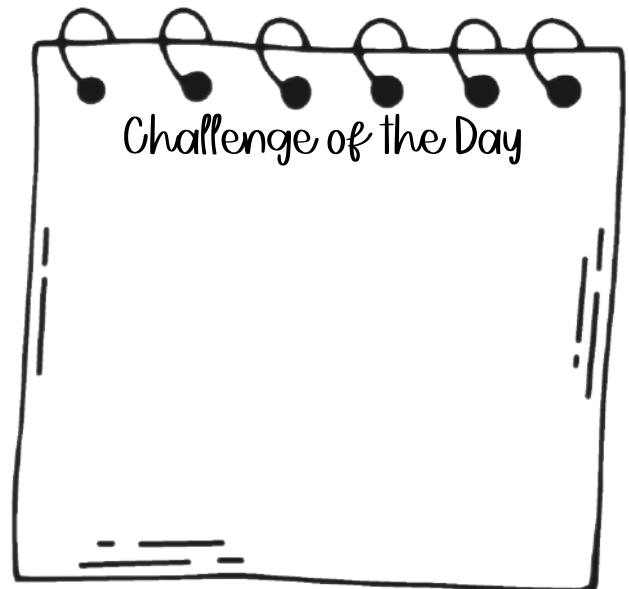
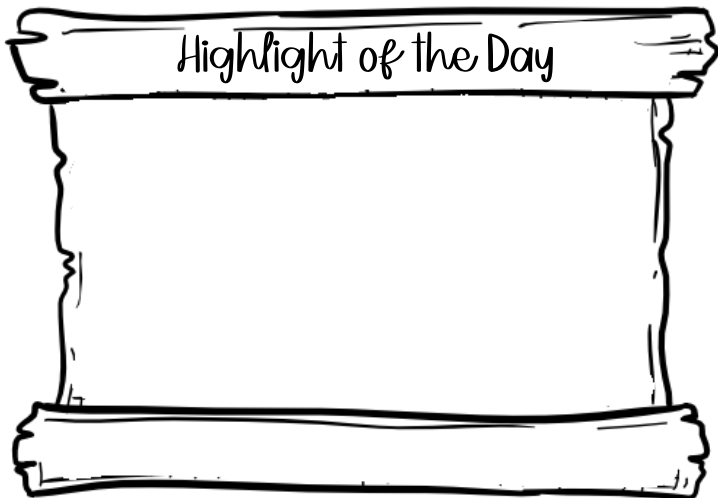
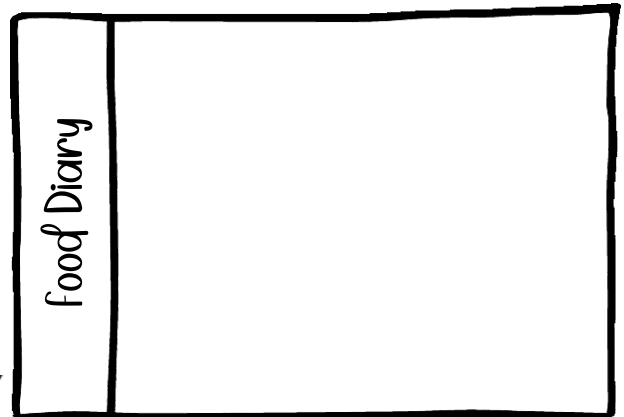


THURSDAY

Main focus Of The Day

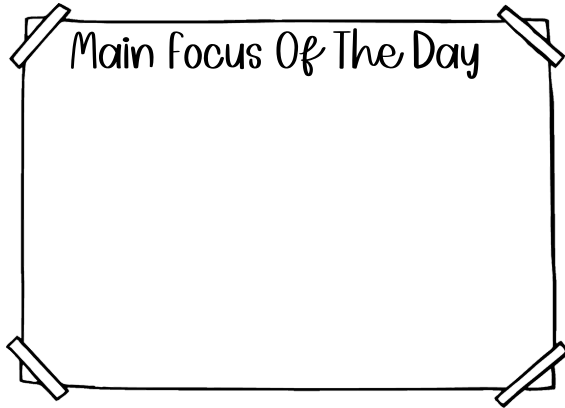


Water Check



FRIDAY

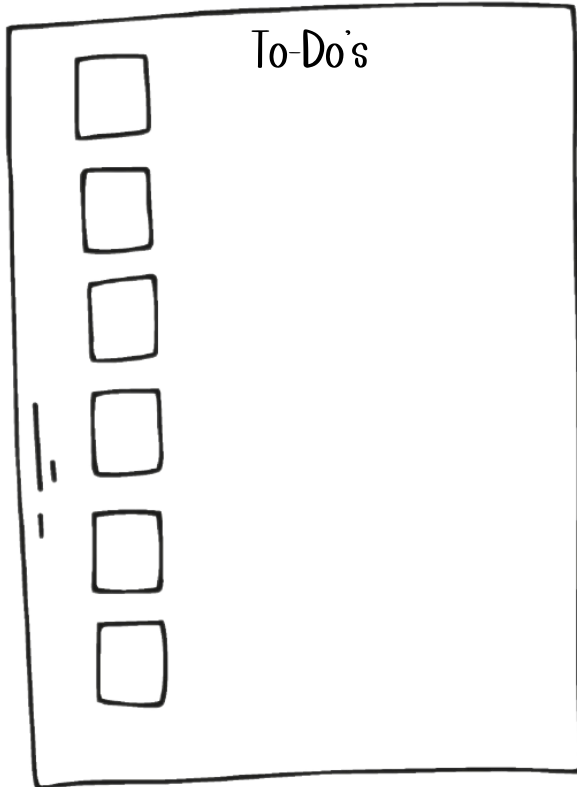
Main focus Of The Day



I'm Grateful for



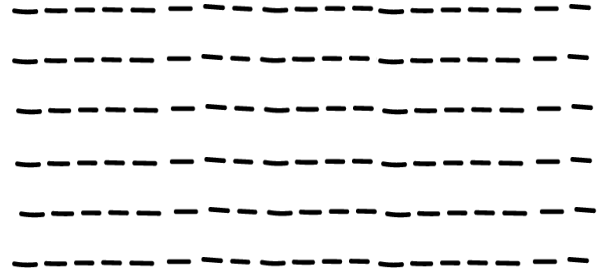
To-Do's



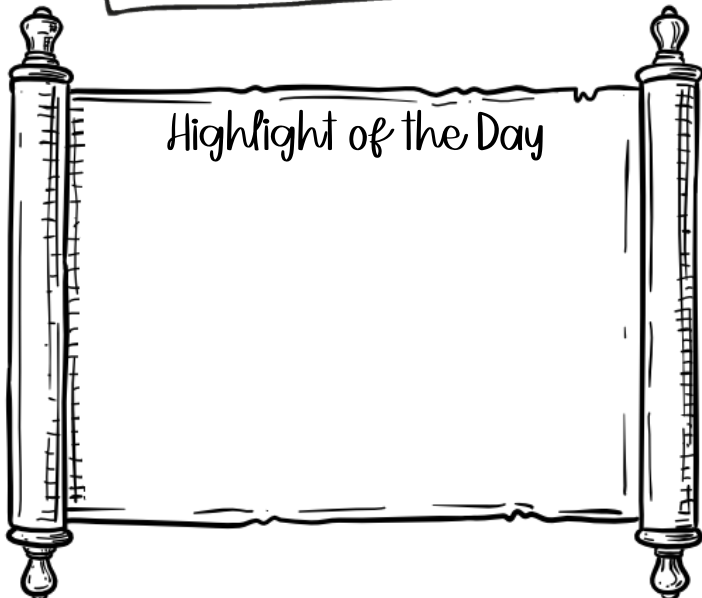
Water Check




Food Diary



Highlight of the Day

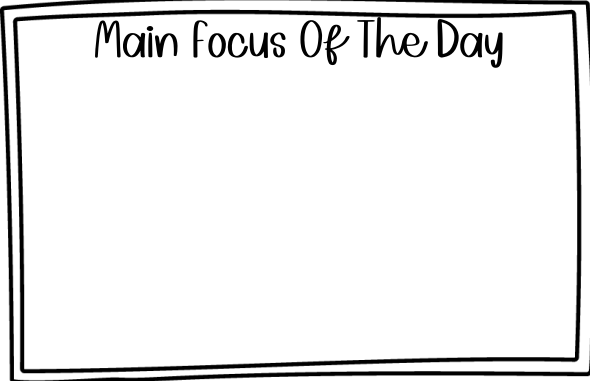


Challenge of the Day

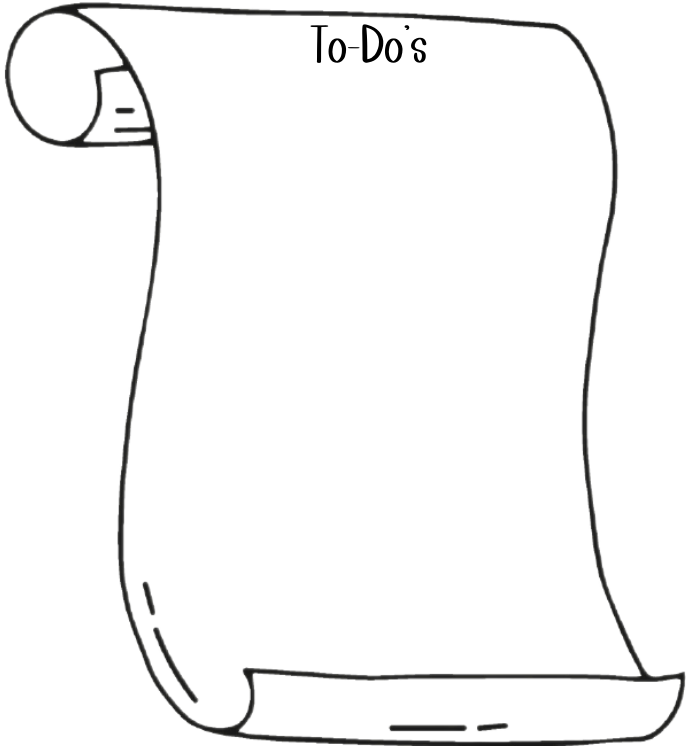


SATURDAY

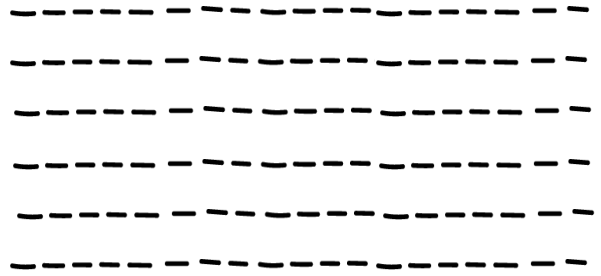
Main focus Of The Day



To-Do's



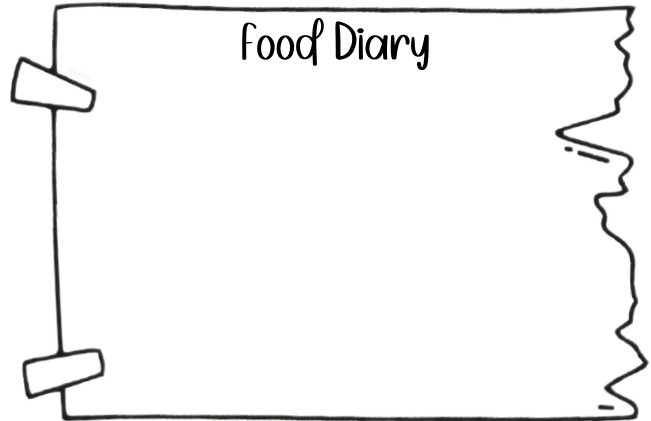
I'm Grateful for



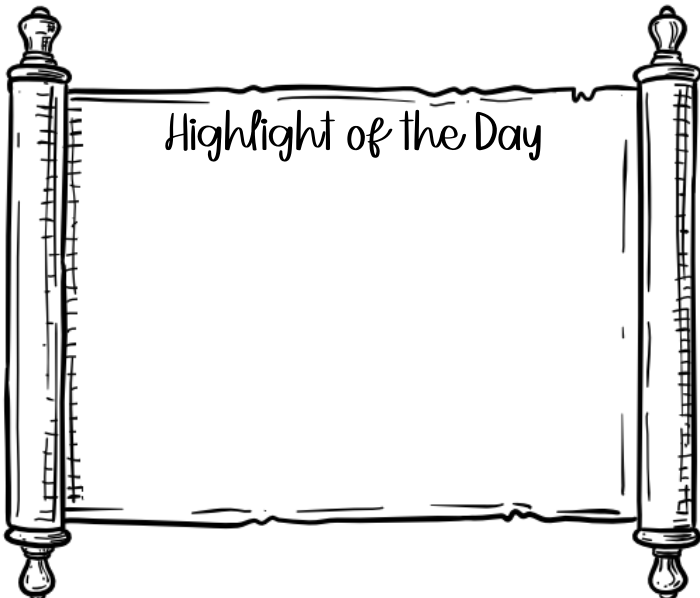
Water Check



Food Diary



Highlight of the Day



Challenge of the Day



SUNDAY

Main focus Of The Day



I'm Grateful for

To-Do's

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-
-
-
-
-
-

Water Check



Food Diary

Highlight of the Day

Challenge of the Day