



# HOUSEHOLD MANAGEMENT



# MONTHLY CLEANING LOG

## DEEP CLEANING

<input type="checkbox"/>	
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## HOME MAINTENANCE

<input type="checkbox"/>	
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## DECLUTTERING PROJECTS

<input type="checkbox"/>	
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## MISCELLANEOUS

<input type="checkbox"/>	
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## NOTES

A large rectangular area for notes, framed by a thick black border, with a small tab at the top center containing the word 'NOTES'.



# MEAL PLANNER & GROCERIES

WEEK:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

## GROCERIES

Lined area for grocery list with a vertical column of circles on the left side.

# WEEKLY MEAL PLANNER

**MONDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**TUESDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**WEDNESDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**THURSDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**FRIDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**SATURDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**SUNDAY**

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WATER:

RATE YOUR DAY

**NOTES**

Two large, hand-drawn rectangular boxes with jagged edges, intended for writing notes.

# MEAL TRACKER

WEEK OF:

BREAKFAST

LUNCH

DINNER

SNACKS

MON

TUE

WED

THU

FRI

SAT

SUN